

Men's gi requirements:

- It won't be accepted with different colored jackets or pants.
- Gi colors accepted are: White, Black and Blue (dark, navy or light colors).

Men's nogi requirements:

- All athletes must wear a t-shirt (any color but tight to the body) or rash-guard (any color, long sleeve or short sleeve).
- Grappling or MMA fight shorts are mandatory in this division (any color). Vale-tudo, bike, spandex shorts or any of other type of elastic material can be worn underneath only for this division.
- Shorts with pockets (board shorts) are NOT acceptable.
- Shorts length should be longer than mid thigh but no lower than the knee.
- Sleeve-less shirts are NOT permitted.
- Tights or any pants made of elastic fabric are NOT ok in this division.
- Jiu-Jitsu pants are NOT allowed in this division.

Woman's nogi requirements:

- All athletes must wear a t-shirt (any color but tight to the body) or rash-guard (any color, long sleeve or short sleeve).
- Grappling or MMA fight shorts are optional in this division (any color). Bike, spandex shorts or any of other type of elastic material shorts is ok for this division.
- Pants made of elastic fabric (should hug the body) are ok.
- Jiu-Jitsu pants are NOT allowed in this division.
- Shorts with pockets (board shorts) are NOT acceptable.
- Sleeve-less shirts are NOT permitted.

Woman's gi requirements:

- In the female divisions, it is mandatory for the use of shirt/rash-guard that hugs the body beneath the GI; It can be short or long sleeved, without the necessity to follow the color requirements. It is also permitted for athlete's to use a one-piece swim garment

(bathing suit) or gymnastics top.

-For female divisions, it is permitted for the use of elastic fabric pants (should hug the body) under the GI pants, as long as they are shorter than the GI pants.

Kids and Teens Gi Division:

-It's recommended all athletes (boys and girls) on these divisions to follow same rules as the adults divisions but NWSC will be accepting all other gi colors for this event (It won't be accepted with different colored jackets or pants).

-It's recommended all boys (kids or teens) on these divisions to follow same rules as the male adults divisions as far as NOT wearing shirts/rash-guards underneath the uniform but NWSC will be accepting if any athlete is wearing something underneath their uniforms.

-In the kids or teens female divisions, it is mandatory for the use of shirt/rash-guard that hugs the body beneath the GI; It can be short or long sleeved, without the necessity to follow the color requirements. It is also permitted for athlete's to use a one-piece swim garment (bathing suit) or gymnastics top.

Kids and Teens No-Gi Division:

- All athletes must wear a t-shirt (any color but tight to the body) or rash-guard (any color, long sleeve or short sleeve).

-Grappling or MMA fight shorts are mandatory for boys (kids and teens) in this division (any color). Bike, spandex shorts or any of other type of elastic material shorts can be worn underneath only.

-Grappling or MMA fight shorts are optional for girls (kids or teens) in this division (any color). Bike, spandex shorts or any of other type of elastic material shorts is ok.

-Shorts with pockets (board shorts) are NOT acceptable.

-Shorts length should be longer than mid thigh but no lower than the knee.

-Sleeve-less shirts are NOT permitted.

-Pants made of elastic fabric (should hug the body) are ok only for girls (kids and teens) in this division.

-Jiu-Jitsu pants are NOT allowed in this division (boys and girls).

Other:

-No patches or text (embroidered or handwritten) will be allowed that contain phrases, symbols or slogans found offensive to gender, sexual orientation, ethnicity, culture, religion and/or political ideologies.

-No patches or text (embroidered or handwritten) will be allowed that contain phrases, symbols or slogans that promote violence, vandalism, sexual acts, drugs, alcohol and/or tobacco

-It is also allowed for the use of a head covering in addition to a shirt/rash-guard, as described above. The head covering must be made of elastic material, must be fully black in color and cover the neck, ears and hair, like a wetsuit headpiece. Only the face must remain fully visible.